Chico Unified School District 1163 East Seventh Street Chico, CA 95928 (530)891-3000 ext. 20122

## Requirements to be CLEARED to coach within the CUSD All items must be completed <u>and approved</u> prior to any involvement with CUSD student-athletes.

- 1. <u>FIRST and foremost</u>, before anything else, set up an appointment with the Athletic Director at the school you would like to coach. **Jason Alvistur** (530)891-30 ext. 20 at Chico High School or **Pam Jackson** (530)891-3050 ext. 20213 at Pleasant Valley High School. The AD will fill out an information sheet with you and send it to the CUSD office, then you may start completing the rest of these requirements. Please do them on order
- 2. Complete FOUR coaching courses & each Certification required by CIF, State Law, & CUSD.

  These online courses can be completed in one day. Course links are below.
  - NFHS "Concussion in Sports" course about 45 minutes-FREE THE CONCUSSION COURSE MUST BE RENEWED EVERY TWO (2) YEARS.
    - o <a href="http://www.nfhslearn.com">http://www.nfhslearn.com</a> AND
  - NFHS "Heat Illness (Acclimatization)" course about 30 minutes- FREE THE HEAT ILLNESS COURSE MUST BE RENEWED EVERY TWO (2) YEARS
    - o http://www.nfhslearn.com AND
  - NFHS "Sudden Cardiac Arrest-Signs and Symptoms" course about 12 minutes -FREE THE SCA COURSE MUST BE RENEWED EVERY TWO (2) YEARS.
    - o <a href="http://www.nfhslearn.com">http://www.nfhslearn.com</a> AND
  - NFHS "Fundamentals of Coaching" course & CIF Certification- about 4 hours (\$50+) Must take and complete the free section on the CIF. ONE time only in your career.
    - o http://www.nfhslearn.com AND
- **3. CPR/First aid certification-** The CUSD DOES NOT accept online CPR/First aid. CUSD will offer FREE CPR/First aid classes on a regular basis (except in June/July). Please call Jennifer at the CUSD office 891-3025 ext. 0 to register, get the login password and get the location of the hands on part. If you cannot make one of the free classes you will need to arrange CPR/First aid on your own, at your cost. In Chico, contact Bill Holterhaus at (530)899-9414, Lifeline Training Center (530)893-5254 or Mary Mansfield (530)228-2911 as they offer courses. **ONLINE CPR/First aid COURSES NOT ACCEPTED!!!**
- **4. TUBERCULOSIS CLEARANCE -** (Ed Code 49406)

A <u>new TB</u> survey may be obtained through the CUSD screening process. Survey results are valid for four years.

## **BY APPOINTMENT ONLY**

Contact **Jennifer** for an appointment (530)891-3000 ext. 0

- **5. FINGERPRINTING (CUSD Board Policy 4212.5)** 
  - Fingerprinting can be done at the CUSD District Office.

Please call Janessa (530)891-3000, ext. 20122 to schedule an appointment.

6. CUSD Coaches Orientation- Yearly <u>one hour</u> session required before coaching is started.

About 15-20 sessions will be run each year. <u>DON'T wait until the last one for your season.</u>

Any questions call Randy Gilzean (530)321-7264 OR e-mail: rgilzean@chicousd.org.

You may NOT be at team activities OR begin ANY instruction with athletes until ALL items on this sheet are completed and ALL documentation has been turned into the CUSD District Office or Randy Gilzean <u>and cleared</u>.